

FOR IMMEDIATE RELEASE



**GET READY TO MOVE, SWEAT AND LISTEN TO SOME GOOD TUNES AT THE QUEEN KAPI'OLANI HOTEL "BREATHE" FITNESS & WELLNESS EVENT**



HONOLULU, HI -- (Friday June 14th, 2019) – The [\*\*BREATHE\*\*](#) Fitness pop-up at the Queen Kapi'olani Hotel will feature one of Hawai'i's top fitness studio instructors, Max Hannemann from Core Power Yoga for a popular **Yoga Sculpt** event on Saturday, June 29th, 2019 at 4:30pm. This event will benefit American Heart Association.

**BREATHE** is a pop-up Wellness event that spotlights some of Hawai'i's favorite fitness practitioners and go-to-gurus at Waikiki's newest lifestyle hotel. The open-air venue located on the 3<sup>rd</sup> floor provides a stunning backdrop for fitness, socializing, live music, happy hour and more with panoramic views of Diamond Head and Waikiki Beach. The cost for attendance is \$25 and includes an après workout fresh cold-pressed juice. Stay and enjoy Happy Hour till 6pm, and live music by DJ Jem from 6-9pm.

**About Max Hannemann**

Max is from Laie, Hawaii and a proud graduate of Kahuku High School on Oahu's beautiful North Shore. He started to attend Yoga Sculpt classes at Core Power Yoga in 2012 and instantly fell in love with the practice and all the benefits it provided his mind, body and spirit. Now his Yoga Sculpt classes have become one of the most popular classes on Oahu and get filled up quickly.

## **Event Information:**

- Where:** **Queen Kapi'olani Hotel**  
150 Kapahulu Avenue, Honolulu, Hawaii 96815  
3rd Floor, Leahi Lanai.
- When:** **Saturday, June 29, 2019 at 4:30 p.m, Check-in at 4:15 p.m.**
- How:** [Click here to sign up](#) for BREATHE Yoga Sculpt class
- Mat:** Available for rent (\$5) or bring your own
- Parking:** **\$3 Validated Parking valid for up to 2 hours**  
**\$1.5 per hour at the Honolulu Zoo**
- Lyft Ride:** **Catch a Lyft and save**  
New Lyft User (\$20 in ride credits)  
**Promotional Code: QKHOTEL**  
Existing Lyft User (20% off next 2 rides)  
**Promotional Code: ILOVEQK**

### **About Queen Kapi'olani Hotel**

The Queen Kapi'olani Hotel, Waikiki Beach is uniquely positioned where the majestic Diamond Head National Monument meets celebrated Waikiki Beach. The newly renovated, full-service resort offers 315 inviting and comfortable guest rooms and suites, and plentiful amenities that cater to leisure and business travelers including dining, resort shops, a pool and state-of-the-art fitness center. With quintessential landmarks at its doorstep, the Queen Kapi'olani offers stunning views of Diamond Head and is steps away from hiking, biking, surfing, paddle boarding and exploring the island of O'ahu. Embracing the local lifestyle, the Queen Kapi'olani offers unique on site activities and supports the local community as well as environment. Inspired by its namesake, the hotel strives for excellence as Queen Kapi'olani's motto in life was, "Kūlia i ka nu'u," which means "Strive to reach the highest." For reservations and information, visit [www.queenkapiolani.com](http://www.queenkapiolani.com), email [reservations@queenkapiolani.com](mailto:reservations@queenkapiolani.com) or phone #1-800-533-6970 .

### **About American Heart Association**

Heart disease is Hawaii's leading cause of death and underserved communities are especially affected. American Heart Association is dedicated to helping people to lower the chance of getting heart disease by identifying healthier food options and lifestyle. For more information, please visit <https://www.heart.org/en/affiliates/hawaii/welcome-to-hawaii>

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